JUVENILE DIVERSION PROGRAMS: BACKGROUND AND IMPACT

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BACKGROUND ON JUVENILE DIVERSION PROGRAMS

WHAT IS JUVENILE DIVERSION?

Programs that divert youth from involvement in the juvenile justice system; an intervention strategy intended to hold youth accountable without formal court processing

GOALS:

- Reduce recidivism or the occurrence of problem behaviors
- Minimize a youth's involvement in the juvenile justice system
- Provide services to youth
- Reduce system costs
- Reduce unnecessary social control

WHY DIVERT FROM JUVENILE JUSTICE SYSTEM?

- There are youth who become involved with the juvenile justice system
 - for relatively minor and non-violent offenses
 - who have substance abuse and/or mental health treatment needs
- Justice system involvement may increase their risk and probability of reoffending
 - Labeling youth "delinquent"
 - Exposure to more advance delinquent youth
- Risk-taking behavior is part of the developmental period of adolescence

HOW TO DIVERT FROM JUVENILE JUSTICE SYSTEM?

Juvenile diversion programs vary in terms of approach, method, and implementation process:

- Point of Contact
- Decision-maker(s)
- Target Population
- Setting
- Type and Structure

- Community-based services
- Family-involvement
- Consequences for unsuccessful completion
- Benefits for successful program completion

IMPACT OF JUVENILE DIVERSION PROGRAMS

OUTCOMES

- Mixed (and limited) results on the impact of juvenile diversion
 - Recidivism rates
 - Engagement in delinquent behavior
 - Behavior problems
- "Net widening"
- Existing research is inconclusive as to the effectiveness of diversion
- Variability among programs creates a challenge in assessing effectiveness
- Yet, promising guidelines regarding program characteristics

EXAMPLE: EXAMINING OUTCOMES

National Cross-site Evaluation of Juvenile Drug Court (JDC) and Reclaiming Futures (RF)

Select Key Findings:

- FINDING I: Compared to Intensive Outpatient Programs (IOPs), JDCs overall were more effective at reducing substance use among youth with relatively more substance use at program intake.
- FINDING 2: Juvenile Drug Court/Reclaiming Futures (JDC/RF)
 programs were more effective at reducing criminal behavior, than non-RF JDCs and IOPs among youth with relatively more criminal activity at program intake.

EXAMPLE: PROGRAM CHARACTERISTIC OUTCOMES

FINDING 3: Specific program characteristics had desirable impact on youth outcomes:

- Having a defined target population and eligibility criteria
- Utilization of gender-appropriate treatment
- Utilization of policies and procedures responsive to cultural differences
- Utilization of a non-adversarial approach
- Coordination with the school system
- Utilization of sanctions to modify non-compliance
- Utilization of random and observed drug testing

EXAMPLE: COMMUNITY-RELATED OUTCOMES

- FINDING 4: Integrated systems of care were particularly critical to effectively serving substance abuse treatment needs
- FINDING 5: JDC/RF programs were more successful at reducing substance use with heavy substance users when the programs more fully implemented:
 - community engagement
 - collaborative partnerships
 - educational linkages
 - community transition

FAMILY ENGAGEMENT LESSONS LEARNED FROM EXAMPLE STUDY

- Require Parent/Caregiver Participation
- Improve Access to JDC Services
- Provide Resources for Family Members
- Engage Families from the Bench

CONSIDERATIONS AND CONCLUSION

- Importance of goals
- Implicit bias and disproportionate minority representation
- Guidelines for planning or improving a juvenile diversion program
- Consistency across programs
- Need for additional research

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QUESTIONS?

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